

URINARY TRACT INFECTIONS

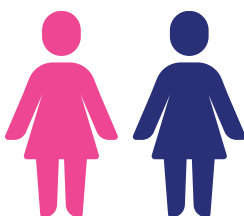
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**1 in 2
women**

will develop a UTI in
their lifetime!



Pregnancy
Spermicide use
Multiple sexual partners
Menopause

Diabetes
Kidney stones
Immunocompromised
Bladder/urine catheter

**Risk
Factors**



**Common
Symptoms**



Frequent
painful peeing

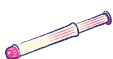


Strawberry red
urine

Daily cranberry
pills (36g)



Prophylactic
antibiotic use



Vaginal estrogen
use after
menopause



Replace spermicide
with another
contraceptive

**Preventing
UTIs**



REFERENCES:

1. Epp A, Larochelle A. No. 250-Recurrent Urinary Tract Infection. J Obstet Gynaecol Can. 2017 Oct; 39(10):e422-0431
2. Foxman B, Cronenwett AE, Spino C, Berger MB, Morgan DM. Cranberry juice capsules and urinary tract infection after surgery: results of a randomized trial. Am J Obstet Gynecol. 2015 Aug; 213(2):194.e1-8.